

HOURS OF OPERATION

DINING HALLS

RAMS HEAD

Monday - Thursday

Breakfast	7.00 am - 11.00 am
Lunch	11.00 am - 2.00 pm
Lite Lunch	2.00 pm - 5.00 pm
Dinner	5.00 pm - 8.00 pm
Lite Dinner	8.00 pm - 9.00 pm
Late Night	9.00 pm - Midnight

Friday

Breakfast	7.00 am - 11.00 am
Lunch	11.00 am - 2.00 pm
Lite Lunch	2.00 pm - 5.00 pm
Dinner	5.00 pm - 8.00 pm

Saturday

Continental	9.00 am - 11.00 am
Brunch	11.00 am - 2.00 pm
Lite Lunch	2.00 pm - 5.00 pm
Dinner	5.00 pm - 8.00 pm

Sunday

Continental	9.00 am - 11.00 am
Brunch	11.00 am - 2.00 pm
Lite Lunch	2.00 pm - 5.00 pm
Dinner	5.00 pm - 8.00 pm
Lite Dinner	8.00 pm - 9.00 pm
Late Night	9.00 pm - Midnight

TOP OF LENOIR

Monday - Thursday

Breakfast	7.00 am - 11.00 am
Lunch	11.00 am - 2.00 pm
Lite Lunch	2.00 pm - 5.00 pm
Dinner	5.00 pm - 8.30 pm

Friday

Breakfast	7.00 am - 11.00 am
Lunch	11.00 am - 3.00 pm

Saturday

Brunch	10.00 am - 3.00 pm
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Sunday

Brunch	10.00 am - 3.00 pm
Lite Lunch	3.00 pm - 5.00 pm
Dinner	5.00 pm - 8.00 pm

For your safety, Carolina Dining Services requires shoes and shirts to be worn in all dining locations.

FOOD COURTS & RETAIL LOCATIONS

MAINSTREET

Monday - Thursday

Chick-fil-A®	8.30 am - 7.00 pm
Subway®	10.30 am - 7.00 pm
Salad/Soups	10.30 am - 5.00 pm
Sushinara	10.30 am - 3.00 pm
Sitar	10.30 am - 3.00 pm
1.5.0.	10.30 am - 3.00 pm
Med Deli	10.30 am - 3.00 pm

Friday

Chick-fil-A®	8.30 am - 4.00 pm
Subway®	10.30 am - 4.00 pm
Salad/Soups	10.30 am - 4.00 pm
Sushinara	10.30 am - 3.00 pm
Sitar	10.30 am - 3.00 pm
1.5.0.	10.30 am - 3.00 pm
Med Deli	10.30 am - 3.00 pm

HEALTHY BOWL®

Monday - Thursday

Smoothies	9.00 am - 4.00 pm
Bowls	11.00 am - 4.00 pm

Friday

Smoothies	9.00 am - 3.00 pm
Bowls	11.00 am - 3.00 pm

ALPINE BAGELS

Monday - Thursday

7.00 am - Midnight	
Friday	7.00 am - 10.00 pm
Saturday	9.00 am - 10.00 pm
Sunday	11.00 am - Midnight

ALPINE DELI & CAFÉ

Monday - Friday

8.00 am - 4.00 pm

COFFEE SHOPS

STARBUCKS®

Monday - Thursday

7.00 am - Midnight	
Friday	7.00 am - 9.00 pm
Saturday	9.00 am - 9.00 pm
Sunday	9.00 am - Midnight

FRIENDS CAFÉ

Monday - Thursday

7.30 am - 6.00 pm

Friday

7.30 am - 5.00 pm

ESPRESSOASIS GLOBAL

Monday - Thursday

7.30 am - 4.00 pm

Friday

7.30 am - 3.00 pm

WENDY'S®

Sunday - Wednesday

10.30 am - 2.00 am

Thursday - Saturday

10.30 am - 3.00 am

THE BEACH

Monday - Thursday

EspressoOasis	6.00 am - 6.00 pm
Quiznos®	10.30 am - 6.00 pm
Chick-fil-A®	7.00 am - 4.00 pm
Greens	7.00 am - 3.00 pm

Friday

EspressoOasis	6.00 am - 6.00 pm
Quiznos®	10.30 am - 3.00 pm
Chick-fil-A®	7.00 am - 3.00 pm
Greens	7.00 am - 3.00 pm

CAFÉ MCCOLL

Monday - Thursday

Einstein Bros.®	7.30 am - 6.00 pm
Food Court	11.00 am - 2.00 pm

Friday

Einstein Bros.®	7.30 am - 4.00 pm
Food Court	11.00 am - 2.00 pm

CONVENIENCE STORES

RAMS HEAD MARKET

Monday - Thursday

9.00 am - Midnight	
Friday	9.00 am - 9.00 pm
Saturday	11.00 am - 9.00 pm
Sunday	11.00 am - Midnight

BLUE RAM

Monday - Thursday

7.30 am - 4.30 pm

Friday

7.30 am - 4.00 pm

LAW BAR

Monday - Thursday

7.30 am - 4.30 pm

Friday

7.30 am - 4.00 pm

GENOMIC

Monday - Friday

7.30 am - 3.00 pm

RAYNOR FOOD CENTER

Monday - Friday

7.30 am - 4.00 pm

ATRIUM CAFÉ

Monday - Friday

7.30 am - 4.00 pm

AOB

Monday - Friday

7.30 am - 3.30 pm



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